

Executive Board of the United Nations Development Programme, the United Nations Population Fund and the United Nations Office for Project Services

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UNFPA – Country programmes and related matters

UNITED NATIONS POPULATION FUND

Final country programme document for Cameroon

Proposed indicative UNFPA assistance: \$25 million: \$18 million from regular resources

and \$7 million through co-financing modalities and/or other resources, including regular

resources

Programme period: Five years (2013-2017)

Cycle of assistance: Sixth

Category per decision 2007/42: A

Proposed indicative assistance (in millions of \$):

Strategic Plan Outcome Area	Regular resources	Other	Total
Population dynamics	2.1	1.0	3.1
Maternal and newborn health	8.3	3.6	11.9
Family planning	2.0	0.6	2.6
Gender equality and reproductive rights	1.7	0.7	2.4
Young people's sexual and reproductive health and sexuality education	2.4	1.1	3.5
Programme coordination and assistance	1.5	-	1.5
Total	18.0	7.0	25.0

I. Situation analysis

- 1. Cameroon is characterized by a high degree of political and institutional stability. It has a population of 20 million (51.2 per cent of whom are rural), a total fertility rate of 5.1 children per woman, and an annual population growth rate of 2.6 per cent. The population of Cameroon is very young; 50 per cent are younger than 18. Life expectancy at birth is estimated at 54.8 years.
- 2. Economic growth has been modest in recent years. The poverty rate has stagnated at approximately 39.9 per cent, and rural populations are considerably poorer than their urban counterparts. The 2011 UNDP *Human Development Report* ranks Cameroon 150th of 187 countries.
- The budget of the Ministry of Public Health increased from 3.8 percent of the total public budget in 2008 to 5.0 per cent in 2012. Limited financial investments, in combination with governance-related challenges, have resulted in insufficient health infrastructure and equipment, frequent stock-outs of essential drugs and supplies, a lack of skilled health physician personnel (one per 13,468 inhabitants and one paramedic per 3,094), and limited geographical and financial access to health services. These factors have negatively health indicators impacted and contributed to regional disparities, including in the area of reproductive health.
- 4. The contraceptive prevalence rate is low (14 per cent), and 20 per cent of the need for family planning is unmet. Although 83 per cent of pregnant women have at least one antenatal care visit, trained personnel assist only 63.6 per cent of deliveries. Moreover, the availability of emergency obstetric and neonatal care is highly inadequate. As a consequence, maternal and neonatal mortality rates are high (669 deaths per 100,000 live births and 31.0 deaths per 1,000 live births, respectively).

- 5. The Government is committed to reducing maternal mortality within the framework of the health-sector strategy, 2001-2015, and the Campaign for Accelerated Reduction of Maternal Mortality in Africa, 2011-2013. However, Cameroon is not likely to achieve the health-related Millennium Development Goals in 2015 and has postponed its target date to 2020.
- 6. The exponential growth of youth is associated with cultural, economic and infrastructure-related challenges, and at times with risky behaviour. Youth in Cameroon face high unemployment (39.3 per cent), illiteracy (20.5 per cent), and a generalized HIV epidemic.
- 7. HIV prevalence decreased from 5.5 per cent in 2004 to 4.3 percent in 2011. The prevalence among women aged 20-24 is 3.5 per cent, and 80.1 per cent of such women have never been tested for HIV. Fifty-three and a half per cent of sexually active adolescents do not systematically use condoms.
- 8. Adolescents account for 12 per cent of overall fertility. Early pregnancies are major causes of maternal mortality and obstetric fistula, which are particularly prevalent in the northern and eastern regions. These regions also host most of the estimated 100,000 refugees from neighbouring countries.
- 9. The rights of women are not adequately met. Women remain vulnerable due to their limited levels of education, training and knowledge, as well as their limited access to financial resources, means of production and social protection.
- 10. Women are poorly represented in decision-making spheres and continue to suffer from discrimination and gender-based violence. Cultural constraints and a lack of expertise hinder efforts to use a gender-sensitive approach in development activities. The operationalization of the national gender policy and the application of existing

regulations are required to further promote the rights of women and girls.

11. There is a need for a gender-disaggregated database to inform the planning, monitoring and management of development programmes and of the United Nations Development Assistance Framework (UNDAF), as well as the analysis of population dynamics. This, in turn, would improve attention to emerging issues in policies and strategies.

II. Past cooperation and lessons learned

- The UNFPA fifth country programme 12. focused on: (a) strengthening capacity through national expertise; (b) supporting implementation of the health-sector strategy, particularly as it relates to maternal health; combating gender-based violence: (d) supporting the development of a national youth policy; (e) supporting the availability of data to plan and manage development; and (f) supporting the development of tools to integrate population and development. reproductive health, gender and human rightsrelated issues into policies and strategies.
- 13. The independent country programme evaluation, conducted by the Division for Oversight Services, highlighted the following achievements: (a) the added value and strategic relevance of programme interventions in terms of capacity development; (b) closer proximity to reproductive health services in all three regions covered by the UNFPA Cameroon sub-offices; (c) the success of the programme in drawing attention to sensitive issues; and (d) stronger coordination within the United Nations country team.
- 14. Lessons learned from the fifth country programme underline the need to: (a) pursue a thematic and geographical focus without neglecting urban areas; (b) support decentralization and the 'delivering as one' approach; (c) support the development of a national capacity development strategy;

(d) promote strategic partnerships, building on national expertise and ownership; and (e) support the availability of effective monitoring and evaluation systems.

III. Proposed programme

- The UNFPA sixth country programme is aligned with the priorities of the UNDAF, 2013-2017, which responds to national priorities as included in the Vision 2035 document and the growth and employment strategy paper. The programme emphasizes: national ownership; (b) (a) mutual accountability; (c) continued capacity development; (d) decentralization; and (e) reaching vulnerable populations, especially young girls. The programme supports the implementation of the Programme of Action of the International Conference on Population and Development and the achievement of the Millennium Development Goals, based on an integrated and decentralized approach.
- 16. The sixth country programme contributes to five of the UNFPA strategic plan outcomes. It seeks to reduce maternal mortality and promote reproductive rights by: strengthening (a) health systems; (b) mobilizing communities for behaviour change; and (c) using evidence-based data on population dynamics to improve decisionmaking. At the operational level it mainly covers five regions: Centre, South, East, Far-North and North.

Population dynamics

17. This component contributes to UNDAF outcome 1: by 2017, national institutions use a participatory approach to develop and implement policies and strategies for sustainable development and inclusive growth. The component also contributes to Millennium Development Goals 1, 2, 3, 4, 5, 6, 7 and 8. Its expected result is that national authorities and national stakeholders will integrate population and development issues and reproductive

health, gender and human rights concerns into development plans.

Output 1: Strengthened national and local capacity to incorporate population dynamics and its interlinkages with the needs of young people (including adolescents), sexual and reproductive health, gender equality and poverty reduction into national and local development frameworks, poverty reduction strategies and other relevant national plans and programmes. To achieve this, the programme will: (a) support the development of at least two sectoral plans to advance the implementation of the national gender policy; and (b) strengthen the capacity to collect, analyse and use data for development planning and policy-oriented advocacy, at national and subnational levels, especially in the areas of reproductive health, gender and youth.

Maternal and newborn heath

- 19. This component contributes to UNDAF outcome 3: by 2017, the population in general, and the most vulnerable more specifically, will have better and more equitable access to high-quality health services and education and use them effectively. The component also contributes to Millennium Development Goals 1, 3, 4, 5 and 6. The expected outcome of this component will be to strengthen the health system in order to improve access to, and the utilization of, high-quality maternal and neonatal health services.
- 20. Output 1: Strengthened national capacity to implement comprehensive midwifery programmes. This will be achieved by:
 (a) updating normative reproductive health frameworks in the wake of a national symposium on reproductive health;
 (b) continuing support for midwifery training; and (c) supporting advocacy efforts for the effective recruitment of trained midwives.
- 21. Output 2: Strengthened national capacity for emergency obstetric and newborn care. To achieve this outcome, the programme will:

- (a) strengthen the skills of health personnel in emergency obstetric and neonatal care and the prevention of mother-to-child transmission of HIV; and (b) ensure that health facilities within intervention zones are adequately equipped.
- 22. Output 3: Enhanced national capacity to prevent, treat and reintegrate into society victims of obstetric fistula. This output will be achieved by: (a) establishing a sustainable mechanism for medical and psychosocial care; (b) raising awareness; and (c) advocacy.

Family planning

- 23. This component contributes to UNDAF outcome 3, cited above. Its expected result is a strengthened contraceptive logistics management system.
- 24. Output 1: Strengthened national systems for reproductive health commodity security. This will be achieved by: (a) strengthening the logistical management capacity of decentralized structures; (b) training providers at the subnational level in family planning; and (c) supporting the procurement of contraceptives.
- 25. Output 2: Strengthened regional capacity for community-based interventions on family planning. This will be achieved by enhancing the availability of information and family planning services at the community level.

Gender equality and reproductive rights

26. This component contributes to UNDAF outcome 3 as well as to UNDAF outcome 5: by 2017, national and local institutions execute their responsibilities in a participatory and transparent manner, with respect for gender equality, human rights and the rule of law. The component also contributes to Millennium Development Goals 1, 2, 3, 4, 5, 6, and 7. The expected results include: (a) increased support for combating harmful traditional practices and gender-based violence; (b) strengthened capacity to address gender-based violence;

- (c) the provision of information and services to victims of gender-based violence; and (d) the promotion of human rights.
- 27. Output 1: Strengthened national capacity to address gender-based violence and provide high-quality services, including humanitarian settings. To this end, programme will: (a) train traditional and religious leaders, media representatives and regional authorities to combat gender-based violence, including within a humanitarian context: (b) raise awareness and advocate at the community level against harmful traditional practices, including female genital mutilation; and (c) support integrated care for victims of gender-based violence, especially young girls.

Young people's sexual and reproductive health and sexuality education

- 28. This component contributes to UNDAF outcome 3 and to Millennium Development Goals 1, 3, 4, 5 and 6. The expected result is: young people in general, and adolescents in particular, in the intervention zones have access to information, essential sexual and reproductive health services, and sex education.
- Output 1: Strengthened health institutions and community capacity to improve the availability of essential information and services on sexual and reproductive health for youth, especially adolescents, in intervention zones. This will be achieved by: (a) training trainers and healthcare providers on adolescent reproductive health; (b) strengthening coaching structures for young people and information systems on young people; and (c) supporting the provision of high-quality adolescent reproductive health services in intervention zones.

IV. Programme management, monitoring and evaluation

- 30. National execution continues to be the preferred implementation arrangement for UNFPA. In line with the decision of the United Nations country team, the programme will use the harmonized approach to cash transfers. In the event of an emergency, UNFPA may, in consultation with the Government, reprogramme activities, especially life-saving measures, to better respond to emerging issues.
- 31. UNFPA will support United Nations reform and the 'delivering as one' initiative by participating in joint programmes with other United Nations organizations and partners. UNFPA will mobilize and leverage additional resources to implement the programme.
- 32. UNFPA and the Government will execute the programme within the framework of results-based management and will monitor the programme by aligning it with the national poverty reduction strategy, the UNDAF and the Millennium Development Goals.
- 33. The country office includes staff funded from the UNFPA institutional budget who perform management and development-effectiveness functions. UNFPA will allocate programme resources for staff to provide technical and programme expertise as well as associated support, including strengthening staff security. UNFPA will seek technical assistance in strategic areas of the programme from the regional office and from international and national experts.

RESULTS AND RESOURCES FRAMEWORK FOR CAMEROON

National priority: growth and employment strategy paper: Axis 3: improve governance and the strategic management of the State

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UNDAF outcome 1: by	2017, national institutions use	e a participatory approach to develop and implement policies an	d strategies for sustaina	able development
and inclusive growth				
UNFPA strategic plan	Country programme	Output indicators, baselines and targets	Partners	Indicative
outcome	outputs			resources
Population dynamics Outcome indicator: Number of regional growth and	Output: Strengthened national and local capacity to incorporate population dynamics and	• Number of national and local sectoral decision makers trained to develop advocacy-oriented indicators demonstrating the need to invest in youth and women and in efforts to promote gender equality and reduce maternal	Ministries of: Health; Planning, Women's and Family Affairs; and	\$3.1 million (\$2.1 million from regular resources and
employment strategy papers addressing population dynamics and its interlinkages with the multisectoral needs of young people, sexual and reproductive health, gender equality, sustainable development and poverty reduction Baseline: 1; Target: 10	its interlinkages with the needs of young people (including adolescents), sexual and reproductive health, gender equality and poverty reduction into national and local development frameworks, poverty reduction strategies and other relevant national plans and programmes	mortality Baseline: 0; Target: 10 • Number of local decision makers equipped to develop integrated, results-oriented and budgeted development road maps that incorporate population dynamics, human rights and gender concerns to reduce maternal mortality Baseline: 5; Target: 125	Youth; national institutions; UNDP; United Nations Children's Fund (UNICEF); United Nations Entity for Gender Equality and the Empowerment of Women	\$1 million from other resources)
	population in general, and the	e most vulnerable more specifically, have better and more equit	able access to high-qua	lity health
Maternal and newborn health Outcome indicator: • Maternal mortality ratio Baseline: 600 maternal deaths per 100,000 live births (2010); Target: 350 (2017)	Output 1: Strengthened national capacity to implement comprehensive midwifery programmes Output 2: Strengthened national capacity for emergency obstetric and newborn care Output 3: Enhanced	 Number of updated normative reproductive health frameworks. Baseline: 0; Target: 10 Number of midwifery training and employment policies available and applied. Baseline: 0: Target: 2 Number of recent midwifery graduates that are operational in intervention regions. Baseline: 0; Target: 100 Percentage of maternity networks in intervention zones that have a functional emergency-evacuation system in place. Baseline: 31%; Target: 60% Percentage of district hospitals providing comprehensive emergency obstetric and neonatal care services in intervention zones. Baseline: 93%; Target: 100% Percentage of government health facilities offering basic emergency obstetric and neonatal care services in intervention zones. Baseline: 57%; Target: 80% Number of health facilities in intervention zones that have 	Ministry of Health; civil society networks and organizations; African Development Bank; United Nations organizations; World Bank; French Development Agency (AFD); German International Development Agency (GIZ)	\$11.9 million (\$8.3 million from regular resources and \$3.6 million from other resources)
	national capacity to	• Number of health facilities in intervention zones that have integrated the delivery of medical and psychosocial support services for obstatric fistula victims into their services.		

services for obstetric fistula victims into their service

national capacity to prevent, treat and

		1.1'	T	Т
	reintegrate into society	delivery package. Baseline: 0; Target: 3		
	victims of obstetric fistula	Number of women treated for obstetric fistula with		
		UNFPA support. Baseline: 150; Target: 650		
Family planning	Output 1: Strengthened	Average duration of contraceptive stock-outs (all methods)	Ministry of Health;	\$2.6 million
Outcome indicator:	national systems for	included) in public health facilities in the intervention zone	UNICEF, World	(\$2 million
 Contraceptive 	reproductive health	Baseline: 299 days per year; Target: 150 days per year	Health	from regular
prevalence rate	commodity security	Percentage of health facilities in intervention zones	Organization;	resources and
(modern methods)		offering at least two long-lasting contraceptive methods	community-based	\$0.6 million
Baseline: 14 (2012);		Baseline: 9.7%; Target: 40%	organizations;	from other
Target: 30	Output 2: Strengthened	Number of trained community outreach workers	NGOs	resources)
	regional capacity for	promoting family planning in intervention zones.		
	community-based	Baseline: 46; Target: 300		
	interventions on family	Number of persons sensitized on sexual and reproductive		
	planning	health and rights by community outreach workers.		
		Baseline: men: 0; women: 0; Target: men: 20,000; women:		
		20,000		
National priority: grow	th and employment strategy p	paper: (a) supporting growth; (b) supporting human developmen	t; and (c) promoting ge	nder concerns
		al, and the most vulnerable more specifically, will have better a		
		V. UNDAF outcome 5: by 2017, national and local institutions e		
		human rights and the rule of law		
Gender equality and	Output 1: Strengthened	Number of local committees sensitized to combat female	Ministry of	\$2.4 million
reproductive rights	national capacity to	genital mutilation in the intervention zones	Women's and	(\$1.7 million
Outcome indicator:	address gender-based	Baseline: 2; Target: 20	Family Affairs;	from regular
Number of national	violence and provide	Number of health districts in intervention zones that offer	National Assembly;	resources and
mechanisms in place to	high-quality services,	comprehensive support (i.e., health and psychosocial care,	GIZ; United	\$0.7 million
implement laws and	including in humanitarian	legal aid and income generation) to victims of gender-based	Nations	from other
policies advancing	settings	violence	organizations;	resources)
Poneres as anomg		Violence	1,	

gender equality and

reproductive rights

and reproductive

Baseline: 1; Target: 6

health and sexuality

Young people's sexual

pregnancy rate Baseline: 127 births per 1,000 females aged

15-19;

Target: 70 per 1,000 females aged 15-19

Output 1: Strengthened health institutions and community capacity to improve the availability of essential information and services on sexual and reproductive health for youth, especially adolescents, in intervention zones

Baseline: 3; Target: 16 • Percentage of district hospitals providing adolescent

reproductive health services in intervention zones

Baseline: 0; Target: 100%

Number of young people and adelescents in intervention

• Number of young people and adolescents in intervention zones sensitized on adolescent reproductive health

Baseline: 6,649; Target: 30,000

World Bank;
NGOs; women's
networks
Ministries of:
Health; Planning;
Women's and
Family Affairs; and
Youth; AFD;
African
Development Bank;
GIZ; UNDP;
UNICEF; WHO,
World Bank;
communities;
NGOs

\$3.5 million (\$2.4 million from regular resources and \$1.1 million from other resources)

Total for programme coordination and assistance: \$1.5 million from regular resources